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## **CONTENTS**

Preface

#### ix

#### **1 BACKGROUND OF MULBERRY**

Introduction	1
Origin and History	2
Taxonomy and Varieties of Mulberry	3
Plant Description	3
Climatic Conditions and Soil Preferences	4
Significant Uses of Mulbery	5
Silkworm Production	5
Mulberry as Food	5
Mulberry as Animal Feed	6
Mulberry as Crafts	7
Mulberry in Environment Remediation	7
Mulberry as Medicine	7
Conclusion	8
References	9

#### 2 PRE-PROCESSING OF MULBERRY LEAF AND FRUIT

Introduction	13
Uses of Mulberry	14
Pre-processing of Mulberry Fresh Leaf for	
Sericulture	15
Pre-processing of Mulberry Leaf	16
Processing the fresh leaf for herbal tea	16
Processing the dried leaf into powder	17

vi	Mulberry: The Story of Potential Miracle Plant
----	--

Pre-processing of Mulberry Fruit	17
Sundry	18
Mulberry drying process using food	
dehydrator, oven, toast, and microwave	18
Conclusion	20
References	21

#### 3 REVIEW ON EXTRACTION TECHNIQUES OF MULBERRY

Introduction	23
Pre-extraction Preparation of Plant Samples	25
Fresh vs dried samples	25
Grinded vs powdered samples	25
Air-drying, microwave-drying, oven-drying	
and freeze drying (lyophilisation) of plants	
samples	26
Extraction Methods	28
Factors influencing the extraction process	28
Selection of the solvent	29
Particle size of the raw materials	29
Extraction temperature	29
Extraction duration	29
Conclusion	37
References	37

#### 4 PHYSICOCHEMICAL PROPERTIES OF MULBERRY PLANT EXTRACT AND ANALYSIS OF PLANT EXTRACT

Introduction	43
Morphological Image of Mulberry Leaves	45
Ethnobotanical Uses of Mulberry	46
Property Test for Mulberry Extract	48
Antioxidant test	48
Phenolic test	49

Contents		V
----------	--	---

Conclusion	51
Acknowledgement	51
References	51

#### 5 ANTIMICROBIAL ANALYSES ON MULBERRY EXTRACTS

Introduction	53
Plant Metabolite Extraction	55
Metabolite Extraction by Maceration	56
Mulberry Extract as Antimicrobial Agent	57
Antimicrobial Assay on Mulberry Extracts	59
Conclusion	65
References	65

# 6 STATISTICS ANALYSIS FOR HERBAL DATA

Introduction	69
Statistical Analysis vs Data Analysis	70
Types of Data	72
Categorical Data	73
Numerical Data	74
Categories of Analysis in Statistics	76
Descriptive Statistics	77
Inferential Statistics	80
Typical Statistical Tests Used for Analysing	
Herbal Data	82
Comparison of Means	82
Correlation Test	83
Regression	83
Statistical Analysis Software	84
Considerations in Statistical Analysis and	
Data Analysis	84
Conclusion	85
Acknowledgement	86
References	86



### PREFACE

Mulberry plant is a well-known medicinal plant. The plant is commonly known as *Morus*, the genus of a flowering plant belonging to the Moraceae family. In Asian countries, mulberry plant has been grown to produce silkworms as the leave is a major and important nutrient source for silkworms. Mulberry not only used in cooking and silk but it also provides a number of health benefits that make them highly appealing.

This book aims to provide a brief and simple description of the background, agronomy aspects and physicochemical properties of mulberry plant. This book will provide readers a comprehensive aspect of pre-processing methods of mulberry plant, and the potential of this plant as antimicrobial agent. Finally, this book also provides readers with a self-contained guide on the application of statistical analysis in mulberry plant related research.

Therefore, this book is designed as a quick reference text, with the aim that researchers, students, academicians with little experience in mulberry plant could grasp their understanding of the scientific aspects of the plant. This book will also be of significant interest to those working or doing research in the applied sciences.

Siti Nuurul Huda Mohammad Azmin Huck Ywih Ch'ng



## BACKGROUND OF MULBERRY

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#### **INTRODUCTION**

Over 5,000 years ago, the history of man using the mulberry leaf for its unique healing properties have been well documented. The mulberry leaf is considered one of the oldest herbs used by man, commonly known as the food source for silkworms. In ancient times, the mulberry tree was central to life, both in the East and West. It has been used as a curative food ingredient and as a traditional medicine to restore health throughout Asia, Europe, the Middle East and India. Its high content of vitamins and minerals provides a miraculous ability to increase vitality and ensure wellbeing. Emperors, poets, artists have celebrated it and it has been depicted in different literary compilations. In Chinese mythology, the mulberry tree is known as "The Tree of Life" and "The Herb of Immortality" in legends dating back thousands of years.