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# Application of herbal plants in giant freshwater prawn: A review on its opportunities and limitation

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**Abstract.** *Macrobrachium rosenbergii* can be found in northwest India's freshwater to Southeast Asia, Papua New Guinea, and Northern Australia. Nowadays, it becomes the most commercially crucial freshwater crustacean species cultured in many countries in the Asia region and beyond its natural distribution. On the other hand, feed additives are one of the feed ingredients that significantly improve the immune system, enhance the ingestion of feed, stress resistance, and reproduction. There are also many challenges in feed additives, i.e., high price, water-soluble, food safety, environmental issue, and the ban of nutritive antibiotics. Intensified research is devoted to exploiting natural products such as herbs in developing herbal feed additives to enhance cultured aquatic species' performance. Herbs are cheap, safe, effective, easily prepared, biodegradable resources, and a high potential for mass production. Herbs contain many beneficial ingredients that can help as a growth promoter and immunostimulants for animals. However, herbal plants' application to the animal must be in the right dosage to prevent toxicity. This review discusses the findings from different studies related to the *in-vitro* and *in-vivo* applications of herbs as a growth promoter, antimicrobial, and immunostimulant agent besides its opportunity and limitations in applying herbs focusing on *M. rosenbergii* culture.

## 1. Introduction

In the last decades, it is known that aquaculture production showed impressive growth to meet the increasing global demand for a protein source and to overcome the production limits of capture fisheries [1]. Besides, aquaculture activities have contributed significantly to increase the economics of the middle group. In 2016, *Macrobrachium rosenbergii* had been reported to have an estimated market value that exceeds USD 1.9 billion with 0.23 million tons productions. More than half of its production was produced in China [2].

In Malaysia, the production of *M. rosenbergii* is just about 361.43 tonnes in 2019, which is relatively unstable [3]. Among limitations in establishing the *M. rosenbergii* industry in Malaysia are high mortality at the larvae stage due to low-quality larvae and limited quality broodstocks. The majority of broodstock used by Malaysian hatcheries reported coming from rivers [4]. In terms of growth rate and immune system, animal performance can be improved by enhancing its nutrition



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intake [5]. In usual practice, *M. rosenbergii* larvae mainly depend on the live feed, while post larvae (PL) usually take the different sizes of pellets to rely on age. Besides the price, reports showed that the application of *Artemia nauplii* alone could not provide enough nutrition to fulfil the larvae requirement and serve as a disease vector [6]. Even though *M. rosenbergii* is known to have high resistance towards disease infection, disease outbreaks had been reported, especially at larvae and post-larvae stage of *M. rosenbergii* caused by viruses, bacteria, fungi, yeast, and protists culture [7, 8]. Emerging aquatic diseases, intensification of culture, and declining water quality have contributed to a severe health problem in *M. rosenbergii* farming. These threats have pushed the increased usage of antibiotics that could left drug residues within the aquatic products, thus raising global food safety concerns [9].

Moreover, antibiotics are also known to develop microbial resistance towards antibiotics drugs and increase concerns about utilising non-plants xenobiotics agents in animal diets [10]. The development of better quality feed is indispensable to improve the quality of *M. rosenbergii* larvae. Production of fast growth *M. rosenbergii* larvae to reduce time at the larvae stage might improve the prawn larvae's survivability aside from improving disease infection resistance. This approach could potentially solve current problems in *M. rosenbergii* culture, especially in Malaysia. In recent years, finding natural ingredients as alternatives to antibiotics has gained extensive attention. Previous studies had shown the potential application of herbal feed additives in the aquaculture industry for various purposes, e.g., antiparasitic, appetite stimulator, antioxidant, antimicrobial, growth promoter, antistress, and immunostimulant [1, 11, 12, 13].

This review paper concentrates on the recent studies on the use or combination of various herbs and herbal extracts as partial protein replacement, feed supplement, antimicrobial, growth promoter, and immunostimulants on *in-vitro* and *in-vivo* applications for *M. rosenbergii* farming.

## 2. Herbal Feed Additives

Many beneficial ingredients in herbs contain tannins, polysaccharides, flavonoids, organic acids, volatile oils, alkaloids, and nutrients, i.e., vitamins, amino acids, minerals, and carbohydrates. These ingredients can promote metabolism, increase appetite, increase enzyme activity, and accelerate protein synthesis [14]. Feed additives are among the essential ingredients required to be included in animal feed to improve the feed quality.

### 2.1 The usage of herbs as a growth promoter and potential application in *M. rosenbergii* culture.

Feed additives are proven to significantly improve animal performance, health, and growth promoters [1, 11, 15, 16]. The inclusion of herbal nutrients in the feed enhances the feed's digestibility and palatability [17]. Herbs that significantly affect the growth of *M. rosenbergii* are shown in Table 2.1.1.

The active compounds showed the ability to improve growth by inducing the secretion of digestive enzymes that stimulate appetites and increase food consumption [18, 25]. Several studies reported that when the herbal powder is included in the feed, the *M. rosenbergii* PL activity of digestive enzymes increased [23, 24]. Besides, amino acids are protein precursors that serve as a source of energy [13]. Several studies showed that significantly increased amino acid levels have the potential to produce better muscle composition of *M. rosenbergii* PL [21, 26]. Herbs application also improved the meat qualities of *M. rosenbergii* [26].

**Table 2.1.1.** Type of herbs applied to *M. rosenbergii*.

Herbs	Effects	Reference
Sessile joyweed ( <i>Alteranthera sessili</i> ), false daisy ( <i>Eclipta alba</i> ), veld grape ( <i>Cissus quadrangularis</i> )	Enhanced the activities of digestive enzymes (protease, amylase, and lipase), concentrations of biochemical constituents (total protein, amino acid, carbohydrate and lipid, essential amino acids, and unsaturated fatty acids), and haemocytes count and population of <i>M. rosenbergii</i>	Subramania <i>et al.</i> [13], Shanthi <i>et al.</i> [18]
Couch grass ( <i>Cynodon dactylon</i> )	Increase weight gain, survival rate, and contents of essential biochemical constituents (total protein, carbohydrate, lipid, and ash) of muscle in <i>M. rosenbergii</i> .	Dhanalakshmi <i>et al.</i> [19]
Indian ginseng ( <i>Withania somnifera</i> ), holy basil ( <i>Ocimum sanctum</i> )	Increase weight gain, specific growth rate, condition factor, survival rate, energy utilisation (feeding, absorption, conversion, and metabolism), and concentrations of biochemical constituents (total protein, amino acid, carbohydrate and lipid, and profiles of individual amino acids) in <i>M. rosenbergii</i> .	Bhavan <i>et al.</i> [20]
Fenugreek ( <i>Trigonella foenum-graecum</i> ), garlic ( <i>Allium sativum</i> ), turmeric ( <i>Curcuma longa</i> ), ginger ( <i>Zingiber officinale</i> )	Increase survival rate, feeding rate, and weight gain, improve the specific growth rate, feed conversion efficiency, protein conversion efficiency, metabolise energy, and gross energy in <i>M. rosenbergii</i> .	Poongodi <i>et al.</i> [17]
Coriander leaves ( <i>Coriandrum sativum</i> ), mint leaves ( <i>Mentha arvensis</i> ), curry leaves ( <i>Murraya koenigii</i> )	Improve weight gain, specific growth rate, survival rate, feeding rate, absorption rate, conversion rate, ammonia excretion rate, metabolic rate, activities of digestive enzymes, concentrations of biochemical constituents and levels of non-enzymatic antioxidants in <i>M. rosenbergii</i> .	Bhavan <i>et al.</i> [21]
Purple fruited pea eggplant ( <i>Solanum trilobatum</i> ), black catnip ( <i>Phyllanthus amarus</i> )	Improve in survival, growth, digestive enzymes, energy utilisation, and vitamin levels in <i>M. rosenbergii</i> .	Muralisankar <i>et al.</i> [22]
Nutmeg ( <i>Myristica fragrans</i> ), liquorice ( <i>Glycyrrhiza glabra</i> ), gallnut ( <i>Quercus infectoria</i> )	Increase in weight gain, survival rate, activities of digestive enzymes (protease, amylase, and lipase), concentrations of total protein, non-enzymatic antioxidants, minerals (Na <sup>+</sup> and K <sup>+</sup> ), and induce secretion of protease, amylase, and lipase in <i>M. rosenbergii</i> .	Bhavan <i>et al.</i> [23]
Long pepper ( <i>Piper longum</i> ) and black pepper ( <i>Piper nigrum</i> )	Improve in weight gain, specific growth rate, food conversion ratio, elevation in activities of digestive enzymes (protease, amylase, and lipase), concentrations of total protein, non-enzymatic antioxidants, and mineral (Na <sup>+</sup> and K <sup>+</sup> ) in <i>M. rosenbergii</i> .	Bhavan <i>et al.</i> [24]

## 2.2 The use of Herbs as antimicrobial and immunostimulants agents and potential applications in *M. rosenbergii* culture.

Herbs are used as alternatives to the control of fish diseases with chemicals, drugs, and antibiotics. Antimicrobial effects of herbs have been investigated for various bacterial fish pathogens [11]. Few studies have shown that herbal plants can be a promising alternative to antibiotics [27, 28]. A study that used turmeric and Moringa [29, 30] showed inhibitory effects to counteract various pathogenic

bacteria in shrimp culture. Another study also showed that garlic usage virtually eliminates pathogenic bacteria in freshwater fish, including *Pseudomonas fluorescens*, *Myxococcus piscicola*, *Aeromonas hydrophila*, *Edwardsiella tarda*, *A. punctata f. intestinalis*, *Staphylococcus aureus*, *Mycobacterium marinum*, and *Streptococcus agalactiae* [31]. Poongodi *et al.* [17] reported that feed mixed with 1% of turmeric powder and 1 % of garlic showed improved survivability of *M. rosenbergii* to up 70% and 82 %, respectively.

Immunostimulants can also boost both the adaptive and innate immune systems of the cultured organism [32, 33]. Previous studies showed that herbs contain immunostimulants that can enhance innate and adaptive immune parameters [34]. Phagocytic activity is vital in the innate immune system [35]. Fish phagocytosis can be improved when treated with immunostimulants [36]. Pan and Yan [37] stated that traditional Chinese herbal extracts could increase phagocytosis in many fish and shrimp species. Furthermore, Soltani *et al.* [38] reported that herbal plants' immunostimulant effects had been confirmed in several commercial fish species. There were many reports of herbs such as dietary peppermint (*Mentha piperita*), green tea (*Camellia sinensis* L.), Bermuda grass (*Cyanodon dactylon*), and false daisy (*Eclipta alba*) used as immunostimulants in aquatic animals such as Caspian brown trout fish (*Salmo trutta caspius*) [39], Caspian white fish (*Rutilus frisii kutum*) [40], greasy groupers (*Epinephelus tauvina*) [41], Nile tilapia (*Oreochromis niloticus*) [42], Pacific white shrimp (*Litopenaeus vannamei*) [43], and black tiger shrimp (*Penaeus monodon*) [44].

A study from Liu *et al.* [45] stated that the haemolymph lysozyme activity of *M. rosenbergii* fed with 0.05% anthraquinone extract from *Rheum officinale* was significantly higher than those of the control group. Another study from Alambra *et al.* [27] indicated that dried turmeric powder could modulate the antimicrobial peptides, particularly crustin and lysozyme of the *M. rosenbergii*, when challenged with *V. alginolyticus*. Furthermore, a 2.0 and 3.0 g kg<sup>-1</sup> *Eichhornia crassipes* leaves incorporated into the diet of adult *M. rosenbergii* showed significantly increased hyaline cell, total haemocyte count, transglutaminase activity, granular cell, glutathione peroxidase activity, respiratory bursts, superoxide dismutase activity, and phenoloxidase activity, and a significantly decreased haemolymph coagulation time against *Lactococcus garvieae* [46]. Application of *W. somnifera* extract on adult *M. rosenbergii* reported an enhanced immune system against *A. hydrophila* [27].

### 3. Limitation and Suggested Dose in Applying Herbal Plants.

Some herbs, such as Moringa, have high protein content, i.e., 27.51% in the crude protein of the leaves [47], and can be used as protein replacement or partial protein replacement. However, there are some limitations in applying herbs as the primary protein sources. Herbs also need to be added to the right level because they are dose-dependent. After all, only a sufficient dosage would significantly activate the immune response without being harmful that causes toxicity towards animals [48]. Most of the studies reported applying an inclusion rate of a maximum of 7% of the herbs extracts or powder in the feed formulation for PL of *M. rosenbergii* [17, 18, 20, 22, 23, 26].

Many kinds of research had been conducted to study mixed herb feed formulation focusing on producing feed with a level of fibre content less than 10% [17, 22]. The nutrition requirement of crude fibre in the feed of *M. rosenbergii* is 8% for starter and grower and 10% for finisher prawn diet [49]. Bhavan *et al.* [21] stated that if the fibre content was high, which may increase gastric emptying time and interfere in digestive and absorptive processes, and ultimately decrease the growth of *M. rosenbergii* PL. A study by González-Pena *et al.* [50] reported that adult *M. rosenbergii* could tolerate until a 10% level of  $\alpha$ -cellulose in the diet.

In addition, all plants produce chemical compounds as part of their regular metabolic activities, and one of them is known as phytochemicals. Phytochemicals are organic chemical compounds that occur naturally in plants and comprise a diverse group of natural products, some of which may be nutritionally essential but many of which have no nutritional value or antinutritional properties [15]. Antinutritional properties could intrusive with food utilisation and affect the health and performance of animals [51]. Phytochemicals such as phytate, lectin, and trypsin inhibitors can decrease feed conversion efficiency and growth [52]. Previous studies showed that using various herb extracts at

higher concentrations may harm the animals due to feeding deterrents such as saponins [25]. Saponins are triterpene glycoside or steroid compounds present in many plants considered to have lower food palatability in insects, decapod crustaceans, and fishes. Besides, saponins are highly toxic to aquatic species due to their adverse effect on the respiratory epithelia [52].

#### 4. Conclusion and Recommendation

Herbal plants show great potential to be applied in aquaculture to improve aquaculture species performance significantly. In *M. rosenbergii* farming, plant herbs' application reduces and solves production, growth, and disease problems. This review shows that plant herbs towards *M. rosenbergii* health, nutrition, and production are still limited. More studies on this subject are required to improve *M. rosenbergii* culture further in the future.

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